





Provincial cuts 'tip of the iceberg'

program for flood-proofing, says councillor



Stephanie Taylor Metro Winnipeg

City hall will continue fund-

City still funding program that helps Winnipeg protection program that gives residents flood-proof their homeowners access to new residents flood-proof their basements - even if the province is not.

> But Coun. Jenny Gerbasi (Fort Rouge-East Fort Garry) suggests that sends the wrong message to her provincial cohorts on Broadway.

> She voiced concerns to Monday's meeting of the environment committee, which approved spending \$500,000

homeowners access to new drainage systems to prevent their basements from flooding during heavy rainfalls.

Under the program which was first introduced in 2011 - homeowners can receive a subsidy for 60 per cent of the invoiced cost, including labour, materials, permits and taxes for the installation of an in-line backwater valve, sump-

applicants in line for the program when in August, it was learned that the province would not fund its half of the \$1 million program.

Not only did the committee approve spending for the city's portion of the 2016 program, but directed council consider doing so again next year.

Gerbasi acknowledged there's value to the subsidy,

pulling out of the program.

"I'm a little concerned this is the tip of the iceberg here," Gerbasi said of the reduction.

"If we just say 'Nope, we're going to keep going,' then we're telling them, 'Cut our programs and we'll just pay for them ourselves."

"I don't think that's a good message," she said.

Committee chairman Coun.

ing its portion of a popular on a basement flood subsidy pit drainage system or both. but cautioned the city should Brian Mayes (St. Vital) told This year, there were 107 not easily accept the province reporters he does not know what to expect when it comes to provincial funding charges with the recent change in gov-

> "If the province is going to back down, we need to make that public and then say, 'Well, there's some risk with us just keeping our money forward because then you are letting them off the hook," he said.



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BY THE NUMBERS | Police car chases in Winnipeg from 2010 to 2015

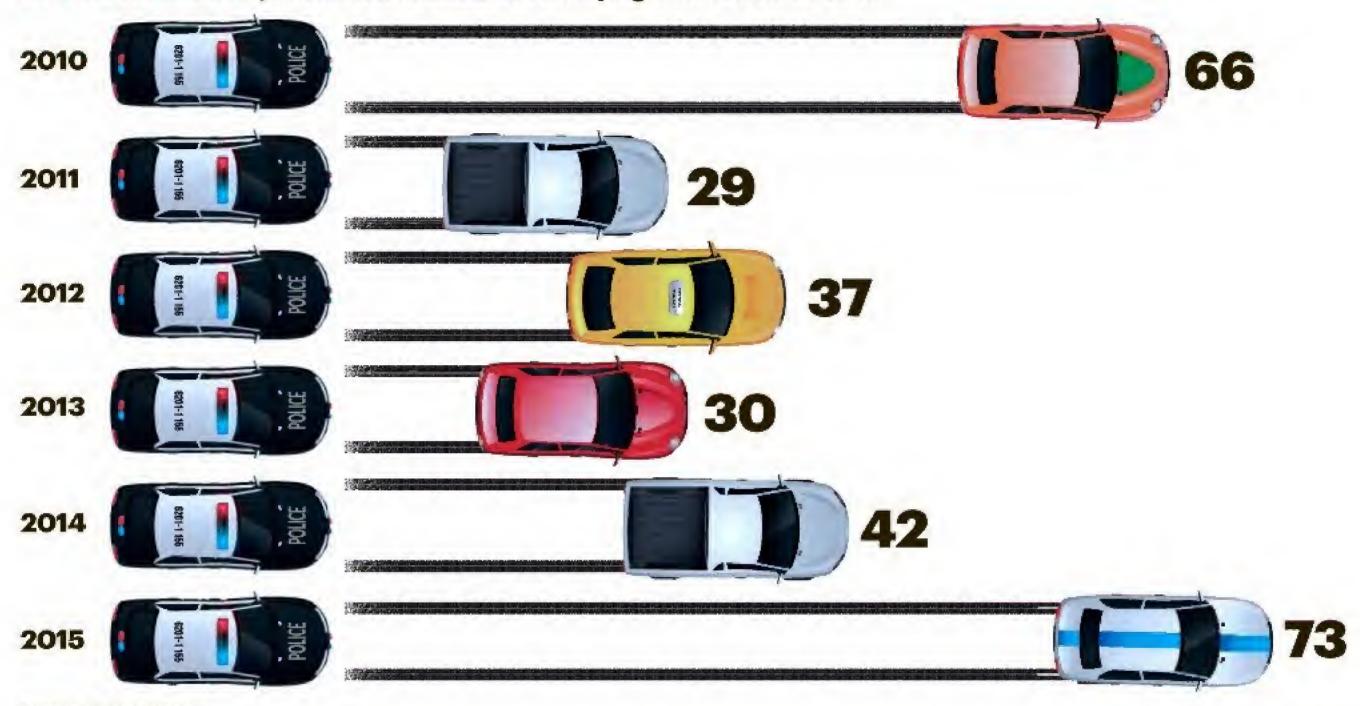


ILLUSTRATION BY ANDRES PLANA

Police chase down more suspects

PUBLIC SAFETY

Annual review shows officers had 73 pursuits last year



Winnipeg police chased down more fleeing suspects in 2015 compared to previous years, resulting in more vehicle crashes and injuries.

An annual review of police vehicle operation shows that in 2015, police had to pursue fleeing suspects 73 times, compared to 42 times in 2014.

"These higher results also led to increased collision and injury rates than the previous year," the new report reads.

It explains various factors

contributed to the increase in lice." police chases, such as a jump in stolen vehicle reports and better "proactive policing" during late night and early morning hours when suspects can "assume they can flee under the cover of night."

Compared to 2014 when police recorded 23 stolen vehicles, there were 43 in

The report says there were 29 collisions last year, which resulted in 23 reported injuries.

"Ultimately, what the main decision on whether to pursue or not would come down to is public safety," said Maurice Sabourin, president of the Winnipeg Police Association -a union representing more than 1,900 members.

"We wouldn't want to put any of the public in any sort of danger, but you also have to balance it with why is that person fleeing from the po-

Sabourin said officers run through a list of criteria in their minds before chasing down a suspect.

Consideration is given to both the amount of vehicular and pedestrian traffic in the area, as well as speed and proximity to intersections,

The report, which is to be discussed at Friday's meeting of the Winnipeg Police Board, found a majority of the crashes happened when suspects drove into fixedobjects.

Board chairman Coun. Scott Gillingham (St. James-Brooklands) said the increase in pursuits are significant, and the board will want to know if the number of chases continues to rise in 2016.

"If so, we'll want to know what steps the service will be looking at to address this



Winnipeg police investigate a vehicle crash on the corner of Boyd Avenue and Sinclair Street on Sept. 13. SHANNON VANRAES/FOR METRO

metr@NEWS Winnipeg

Tuesday, October 4, 2016

Jimmy Carter's building blitz

CHARITY

Former U.S president will help out with housing in 'Peg



Braeden Jones Metro Winnipeg

A former U.S president and first lady are coming to help build homes in Winnipeg, but it won't be their first visit.

In early July 2017, former president Jimmy Carter and former first lady Rosalynn Carter will join Habitat for Humanity (HFM) on a building blitz as part of the Carter Work Project, which also brought the couple to Winnipeg in 1993.

That year, HFM built 18 homes in Winnipeg.

Sandy Hopkins, HFM CEO, said the plan for 2017 is to erect 25 new homes within the city limits, and five others in rural areas.

Those homes are just a portion of 150 HFM will attempt to put up across Canada to mark the country's 150th birthday an ambitious endeavour that

will take any support the organization can get, Hopkins said.

It's why the Carters were invited to return to Canada and lend a hand.

(They) certainly raise the profile of the organization and highlight the

affordable housing problem," Hopkins said, adding their participation has helped drum up financial support for the undertaking.

"There are some sponsors who first got involved when



Affordable rental housing

HFM CEO Sandy Hopkins emphasized that although HFM has built many homes in Winnipeg, the "vast majority" of the city's affordable housing stock is rental-based.

In 1993, the last time the Carters visited, there were 13,384 Manitoba Housing and Renewal Corporation subsidized housing units in the city.

By the end of this fiscal year, Winnipeg's affordable housing stock will be sitting at 21,918 subsidized units. As well, 9,100 federal units were built following the signing of the Social Housing Agreement in 1998.

President Carter was here last and have stayed loyal to the organization since then... and absolutely we've had some new folks (donating) and some returning into the fold," he said.

To date, HFM has built 356 homes in Winnipeg.

They certainly

raise the profile of

the organization

and highlight the

problem.

Sandy Hopkins

Hopkins said those houses, which contribute to the affordable housing stock through a home-ownership model, "don't even come close to affordable housing meeting the requirements of

> "We could build four times

the commun-

as many and still not (meet them)." he said, explaining the barrier is always "money."

"It costs a lot of money to build a house, we build what cash flow will allow," Hopkins



Former U.S. president Jimmy Carter and his wife Rosalynn work together to help level a wall frame on the Fairway Oaks Habijax home under construction during September of 2000 in Jacksonville, Fla. AP PHOTO/FLORIDA TIMES-UNION, BOB SELF

Police officer killed in collision

Media reports said Monday that a Winnipeg police officer facing dozens of criminal charges died in a head-on collision.

Multiple reports said Const. Trent Milan, 42, died in a crash with a gravel truck just outside the city. CBC Manitoba said it obtained an internal memo from acting police Chief Art Stannard confirming Milan was killed in the crash.

In the memo, Stannard said he was "deeply saddened by this tragedy." RCMP said the truck driver sustained minor injuries and they would not be releasing the deceased's

Neither a Winnipeg police spokesperson nor the police union would comment on whether Milan died in the crash. Last month, city police announced that Milan was facing 34 charges, including theft, drug possession and possession of prohibited weapons.

Deputy Chief Danny Smyth said the 18-year veteran officer was also facing charges of obstruction, sharing police information and possession for the purpose of trafficking drugs including cocaine, methamphetamine, ecstasy and marijuana.

A year-long internal investigation began when irregularities came to light regarding how property, evidence, cash and police information were being handled, Smyth said. Professional standards investigators went back to 2010, when Milan was part of the street crime unit.

Smyth called the charges "a dark chapter" for the police service. THE CANADIAN PRESS



Indigenous principles at the core

The University of Manitoba is seeking input on new design



Braeden Jones Metro Winnipeg

The province's largest university is asking indigenous communities to help envision a new campus.

The University of Manitoba unveiled a new master plan for development last week, along with a set of "indigenous design and planning principles" to help guide the school's land use.

The former was developed over a two-year period following a design competition and two years of extensive stakeholder consultation, and the latter with the help of an Indigenous Advisory Committee

and the University's Indigenous Advisory Circle.

Planner Jonathon Hildebrand said both documents are "sort of applicable university-wide to guide development on (U-of-M) campuses and lands."

The "Visionary (re)Generation Master Plan" is a 30-year framework for the Fort Garry campus. Hildebrand said it includes the goal of making the campus "more walkable."

"(It's about) ensuring the campus is built on the principles of a complete community, where everyday essentials are available in walking distance," he said, noting it prioritizes "cycling, transit and walking as very important."

Another core pillar of the master plan is an emphasis on both environmental and economic sustainability.

While the plan doesn't get into specifics, Hildebrand said it will be referenced for questions of managing built and open spaces, landscape design and how the campus en-



It's about ensuring the campus is built on the principles of a complete community.

Jonathon Hildebrand

croaches on natural environments such as the riverfront.

Hildebrand explained the indigenous design and planning principals actually "came out of the collaboration and engagement" on the master plan.

"The principles themselves are pretty exciting in terms of doing something new and unprecedented," he said, noting they focus predominantly on making the university site "a space where indigenous cultures are rolled into the experience of the campus and how people experience and view the campus."



The university is using a new planning policy to help guide the vision for Fort Garry campus. UNIVERSITY OF MANITOBA/SCREENGRAB

So what's in an 'indigenous design'?

UMANITOBA.CA

Relationship building

Relationships should reflect the "nation-tonation character of the Treaty Relationship; bringing together all stakeholders on equal footing."

Culturally relevant

Plans and designs should be "not gratuitous; rather, they convey underlying values," while fostering a sense of place "rooted in the particular land and cultures found here."

Respecting Mother Earth

The university's natural environment should be celebrated and enhanced to "reflect the interrelatedness between land, animals, and people" through "working landscapes" that grow, educate and engage.

Stopping segregation

Design should strive to be welcoming to Indigenous students, faculty, staff and visitors so they can "not only feel at home but also feel free to be a part of the wider university community" rather than feeling segregated.

Embracing "Seven Generations"

Referring to an Indigenous perception that looks "seven generations forward and seven generations back" in time, the view encourages development that is informed by history and considers the effect of decisions beyond the lifetimes of decision-makers.

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Seinfeld returns to city on a high note, yadda yadda yadda



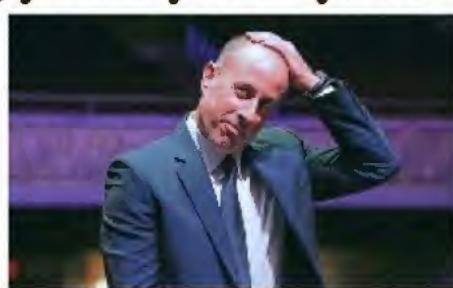
Jerry Seinfeld is coming back to Winnipeg.

The comedian - best known for the '90s sitcom Seinfeld and, more recently, Comedians in Cars Getting Coffee - will perform a stand-up bit at the MTS Centre on Dec. 17.

The 'Peg will be one of Seinfeld's three Canadian stops, including Regina and Hamilton.

He was last in Winnipeg in September 2011.

The presale starts on Wed-



The comedian is slated to touch down in the 'Peg on Dec. 17. **GETTY IMAGES**

nesday at 10 a.m. The general tickets are up for grabs starting Friday at 10 a.m.

Tickets are available at Ticketmaster and range from \$59.50 to \$150.



Progressive Conservative Leader Brian Pallister takes part in the provincial leaders' debate in Winnipeg. THE CANADIAN PRESS

Premier eyes balancedbudget laws

LEGISLATURE

Spending, tax hikes without referendum key issues: Pallister

Manitoba Premier Brian Pallister says he is still working on spending- restraint measures and a new balanced-budget law as the fall sitting of the legislature begins.

Pallister promised before winning last April's election to slow the growth in government spending each year — not with deep cuts but with limited new expenditures.

Pallister says a govern-



- A Court of Queen's
 Bench judge ruled in
 2014 that a previous
 requirement for a
 referendum on tax hikes
 was unenforceable,
 because it infringed on
 the constitutional rights of
 governments to change
 laws.
- Premier Brian Pallister said he can institute a law so that there is at least a political price for raising taxes.

ment-wide review begun in the spring is ongoing and the province will not be saying 'yes' to as many funding requests as in previous years.

The Progressive Conservative government also plans to reinstate a requirement that any major tax increases be subject to a referendum.

The former NDP government changed that section of the balanced-budget law, and Pallister says he wants to restore it to ensure politicians are accountable for their decisions.

The proposed law would penalize cabinet ministers with a 20 per cent pay cut if they tried to raise a major tax without a referendum.

"If you believe that there should be consequences ... you'll like this legislation — consequences for the people who make decisions with the money," Pallister said Monday.

The legislature is to sit for five weeks and will deal mainly with bills introduced in the spring that have yet to be passed into law.

Another, more controversial, bill proposes to make it harder for some workplaces to unionize and would require a secret-ballot vote any time workers wanted to join a union.

Currently, no vote is required if 65 per cent or more of employees in a workplace sign union membership cards.

THE CANADIAN PRESS

WASTE MANAGEMENT

City's garbage contract decision curbed



Stephanie Taylor Metro | Halifax

Newly proposed garbage and recycling contracts for 2017 are now in the hands of the mayor's inner circle and council, after a committee failed to make a decision on Monday.

Councillors Ross Eadie (Mynarski) and Shawn Dobson (St. Charles) voted against the contracts, citing a lack of due diligence on the part of the city to explore bringing solid waste collection back in-house.

Councillors Jenny Gerbasi (Fort Rouge-East Fort Garry) and chairman, Coun. Brian Mayes (St. Vital) voted in favour of the new contracts, resulting in a tie vote, which means the report moves ahead without any recommendation.

Before the vote, water and waste committee members spent more than three hours hearing from other councillors and labour advocates that city staff should have more seriously explored having city crews perform garbage and recycling pick-up.

Coun. Matt Allard (St. Boniface) was among those who spoke against the default use of private contractors.

Not only did he cite resident complaints' about past property damage done at the hands of private companies, he questioned what possible cost-savings could be realized by using in-house crews oppose to contracted ones.

"I want to make sure we're doing everything we can to ensure we're getting the best value for money for our taxpayers," he told reporters on Monday.

"We see other jurisdictions in Canada are moving at least parts of their garbage operation, in some cases their entire garbage operation, to public service delivery."



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Canada | metr@NEWS Tuesday, October 4, 2016

Carbon plan gets mixed reception

Saskatchewan **Premier claims** 'tax' will hurt economy

Prime Minister Justin Trudeau has given provinces two years to come up with a plan to price carbon pollution or risk having one imposed on them by Ottawa, a move that delighted environmentalists but has rankled some premiers.

Trudeau on Monday announced his government's plan to lay the framework for a national plan to price carbon by imposing a minimum pricetag beginning in 2018.

Reaction to the proposal was swift - and mixed. Environmentalists cheered the move, saying it was one step towards meeting the commitment made by Canada and almost 200 other nations in Paris last December to cut greenhouse gas emissions.

But in Montreal, where provincial environment ministers were meeting with their federal counterpart, the ministers from Nova Scotia, Newfoundland

and Labrador and Saskatchewan all left early to protest Ottawa's announcement.

Saskatchewan Prentier Brad Wall said the new "tax" will damage his province's economy.

"In the coming weeks, Saskatchewan will investigate all options to mitigate the impact of one of the largest national tax increase in Canadian history," Wall said.

Trudeau unveiled the federal move in the Commons in a speech that kicked off debate on a Liberal motion to support ratification of the Paris climate change accord.

Trudeau said a minimum price of \$10 per tonne of carbon dioxide equivalent would be set in 2018, rising to \$50 a tonne by 2022. Provinces will have to meet or exceed that "floor price," either through a direct price on carbon or a cap-and-trade system.

If provinces fail to establish a pricing on carbon, Trudeau said the federal government would impose a carbon price in that jurisdiction. He said the carbon pricing plan would be revenue neutral for Ottawa, saying the revenues would stay in the province where they are generated. TORSTAR NEWS SERVICE

It has been proven that this is a good way to stop major emitters from fuelling climate change and threatening the Justin Trudeau





Yasmin Nakhuda with her monkeys Diva, a lion-tailed macaque and Caesar a Japanese macaque, in Pontypool, Ont. Activists blame a patchwork of outdated and inconsistent laws and bylaws for the rise in ownership of exotic animals. FRED THORNHILL/THE CANADIAN PRESS

Rise in exotic animal ownership a concern

As the sun sets over the sprawling property in rural Ontario, the farmhouse party gets into full swing. The host walks around chatting up the guests, two small monkeys perched on her shoulder. One is dressed in a collared jumpsuit, the other in a polka-

Up the hill, a pair of burlesque dancers perform as guests snap photographs of other animals - two miniature donkeys. a wallaroo named Wall-E, a few alpacas groomed like best-inshow poodles, two tiny marmosets, two ferrets and a skittish black-and-white fox.

This is Yasmin Nakhuda's Xanadu where she presides over her menagerie at her home in Kawartha Lakes, where she moved in 2014 after losing her "son" Darwin — a Japanese macaque that escaped from her car and wandered into an Ikea store.

Images of the tiny monkey wearing a beige shearling coat triggered a social media legal battle that Nakhuda eventually lost to an animal sanctuary that Darwin now

calls home.

Owning exotics — wild animals taken from their natural habitat or bred in captivity and not native to the country - is a growing trend in Canada, according to animal welfare activists, who blame a patchwork of outdated and inconsistent laws and bylaws.

Rob Laidlaw of Zoocheck, a wildlife protection charity based in Toronto, has been fighting for animals' rights for decades.

Ontario is probably the worst frenzy and a jurisdiction in the

Rob Laidlaw

cult to come by, country for exotic vacuum when it comes to staanimal laws. tistics and when you're looking at

> actual numbers there is no central registry," Laidlaw says.

> Based on his research, Laidlaw believes there are hundreds of thousands of exotic animals in the country, the vast majority being reptiles.

> It doesn't help that the laws vary wildly across Canada, he

> "Ontario is probably the worst jurisdiction in the country for exotic animal laws and has been for quite a long time." Laidlaw

Reliable data on

the number of

exotic animals in

Canada is diffi-

"There's a

Only two types of animals are banned by the provincial government: pit bulls and killer whales. It is up to municipalities to create their own bylaws, and many of them, such as Toronto and Ottawa, maintain a list of prohibited animals, or as Laidlaw calls it a "negative list."

Instead, he says, Canada should adopt a "positive list" approach used in several European countries that allows ownership of only listed animals.

Laidlaw says two provinces, British Columbia and New Brunswick, have taken some action on exotic animal laws. Both Saskatchewan and Quebec require permits for certain exotic animals, but none are banned. Many provinces in the country take a similar approach to Ontario's and leave it to municipalities to decide. THE CANADIAN PRESS

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Student who wears hijab prevented from taking exam

A Montreal junior college is trying to determine how to accommodate a student who was prevented from taking an exam because she wouldn't temporarily remove part of her hijab, a school spokeswoman said Monday.

The young woman was asked by her male biology teacher two weeks ago to pull back part of her headscarf so he could see wether she was wearing headphones, said Line Legare with College de Maisonneuve.

"She didn't want to show him her ears," Legare said, adding the student offered her teacher the possibility of touching her through the hijab to make sure she wasn't trying to cheat.

"That made the teacher uncomfortable."

He then told the student she couldn't take the exam that day.

Legare noted the teacher made it clear at the beginning of the school year he reserved the right to ensure students weren't wearing headphones before exams.

"Whether the student had a tuque, a hat, or lots of hair," Legare said, the teacher had written in his course outline he would ask students to show him their ears, a policy she said was condoned by the biology department.

Legare said the teacher and the student are negotiating another date for her to write the exam. THE CANADIAN PRESS

Sexual Assault on Campus: A Metro Special Focus

Day 2: A federal vacuum

Lost without leadership

Campus sexual assault is a national problem, but no one's pursuing a national solution. With no central accountability or oversight, the provinces and schools are on their own.



Rosemary Westwood Metro Toronto

One of the defining elements of the fight against campus sexual assault in Canada is what it lacks: a national strategy.

To some degree, this is by constitutional design. We have no federal education minister, no federal responsibility for post-secondary education. Politically speaking, it's not a national matter.

In this vacuum, the provinces are left to negotiate a new era of sexual-assault legislation.

In Ontario and B.C., new bills passed in the last year require every post-secondary institution to have a standalone sexual-assault policy (by January and May, respectively). An opposition MLA in Manitoba has put forward a similar bill, as has the Conservative opposition in Nova Scotia. Meanwhile, Nova Scotia's ruling Liberals signed a memorandum of understanding with universities this summer tying the development of sexualassault policies to increased funding.

In Alberta, the minister of education has directed all schools to have standalone sexual-assault policies (expected to be in place by the spring). And in other

About the series

Mon. The power of five

The most organized Canada-wide effort to combat campus sexual assault comes from an unlikely crew of five young women.

Tues. A federal vacuum The problem is national, but solutions have been regional and parochial.

Wed. The U.S. & U.K. U.S. law and White House directives make for more rigorous requirements. But

the U.K. lags behind. Thurs. Dearth of data

We don't know how big the problem is because no one is incentivized to find out.

Fri. The way ahead We have a problem; we need a plan.

provinces — at the University of Regina, University of Saskatchewan and Memorial University in Newfoundland schools are shouldering the initiative themselves.

But while these efforts have been greeted with hope and some praise (most notably by politicians and university administrators), critics argue the legislation doesn't go far enough.

In each province, schools are given broad autonomy over what exactly the policies should look like - a significant vote of confidence in a sector roundly viewed as having failed on the issue for decades.

None of the new or proposed legislation establishes centralized responsibility for ensuring the policies operate as they should. That's striking, since institutional accountability has been at the heart of numerous complaints about university responses to sexual assault.

Dawn Moore, a Carleton professor and the lead investigator for a major research report on campus sexual assault released this summer, was among 20 colleagues who wrote to the university's president this spring. expressing concerns the school was "embarrassing" itself by not consulting from the beginning with academics whose research deals with sexual assault. Similar complaints were registered at other schools with experts in the field.

These patchwork efforts are not the only option.

Provincial education ministers do have a national body, the Council of Ministers of Education, that co-ordinates on "pan-Canadian education initiatives." In a meeting this summer, they talked about a range of issues including indigenous education and funding, but sexual assault appeared nowhere on the agenda.

Meanwhile, the minister for the status of women, Patty Hajdu, has been tasked with developing the Federal Strategy Against Genderbased Violence, which she told me will include campus violence, But Hajdu's staff took pains to reiterate that campus sexual assault is the jurisdiction of provinces, and Hajdu said her ministry's role could only be one of

May 2016 British Col

British Columbia passes Bill 23, requiring post-secondary, institutions to adopt standalone sexual-assault policies, co-opting a Green MLA's private member's bill based on Ontario legislation (deadline: May)

April 2016

Alberta's education minister says all post-secondary institutions should have distinct sexual assault policies (expected this spring).

June 2016

Nova Scotia passes memorandum tying the development of sexualassault policies to increased funding

June 2016

Wab Kinew, NDP MLA, introduces a private member's bill in Manitoba requiring post-secondary institutions to adopt standalone sexual-assault policies, based on Ontario and B.C. bills

March 2016

Ontario passes Bill 132, the Sexual Violence and Harassment Action Plan Act, requiring postsecondary institutions to adopt standalone sexualassault policies (deadline: January)

The provinces' latest efforts have been a patchwork of legislation and directives in the absence of a co-ordinated national strategy

support.

"We're working very closely with the provinces, the territories, looking at how can we actually support the work that has been happening across the country and where are the gaps at a federal level that we can actually fill in," she said.

Hajdu said consultations with campus sexual-assault survivors brought up the example of the U.S., where there has been a far more aggressive national push to tackle the problem.

"There are a number of pieces of legislation and actions the president himself has taken and been very clear about. For example, making sure that campuses that he visits have strengthened policy and legislation around sexual violence and insisting that exists before he visits those campuses,"

Hajdu said.

President Barack Obama indeed makes a striking contrast to Prime Minister Justin Trudeau on the subject. While one has made an end to campus violence a pillar of his administration and tasked Vice-President Joe Biden with the file, Metro found no evidence that Trudeau has spoken publicly about campus sexual violence since winning office.

Wab Kinew, Manitoba NDP MLA and a proponent of a

Ioin The **Fight**

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bill to require sexual-assault policies on campuses in that province, suggests that a public statement from Trudean could be a useful start.

"Potentially there's room for federal intervention, but before that it would be great to see the prime minister weigh in and say consent culture is important," he said.

Any federal strategy like Hajdu's — will take time, he noted, but a statement like that could happen "right away."

DOING 'SOMETHING,' FIXING NOTHING



Glynnis | Kirchmeier. is one of three women who've

human-rights complaints against Canadian universities over the past year.

As part of her complaint against the University of British Columbia, Kirchmeier is asking the school to hire an independent person tasked with evaluating and

overseeing its sexual-assault responses.

"I wouldn't have voted for it," Kirchmeier said of B.C.'s campus sexual-assauft bill, which she criticized as toothless and vague.

"Why waste your time on legislation that is not very good? That's not to say I don't understand legislation has compromises, but this was so far from anything worth doing. I'm worried that people will say: 'That's that. We did something."

World | metr@NEWS | Tuesday, October 4, 2016

Hurricane wreaks havoc

Matthew claims at least four lives

Heavy rains from the outer bands of Hurricane Matthew drenched Jamaica and Haiti on Monday, flooding streets and sending many people to emergency shelters as the Category 4 storm approached the two countries. Two deaths were reported in Haiti, bringing the total for the storm to at least four.

Matthew had sustained winds of 220 km/h as it moved north, up from 210 km/h earlier in the day. The centre was expected to pass just east of Jamaica and near or over the southwestern tip of Haiti early Tuesday before heading to eastern Cuba, the U.S. National Hurricane Center in Miami said.

"We are looking at a dangerous hurricane that is heading into the vicinity of western Haiti and eastern Cuba," said Richard Pasch, a senior hurricane specialist with the centre. "People who are impacted by things like flooding and mudslides hopefully would get out and relocate because that's where we have seen loss of life in the past."

Many were taking that advice. In Jamaica, more than 700 people packed shelters in the eastern parish of St. Thomas and the Salvation Army said there were about 200 people at its shelters in Kingston.

Still, many people chose to stick it out. Local Government Minister Desmond McKenzie said all but four residents of the Port Royal area near the Kingston airport refused to board buses and evacuate.

In Haiti, authorities went door to door in the south coast cities of Les Cayes and Jeremie to make sure people were aware of



Residents of the Cuban community of Cecilia, in Guantanamo Province, are evacuated as Hurricane Matthew wreaks havoc through the Caribbean as the most menacing storm in nearly a decade. AFP/GETTY IMAGES

the storm. At least 1,200 people were evacuated to shelters in churches and schools.

"We are continuing to mobilize teams in the south to move people away from dangerous areas," said Marie Alta Jean-Baptiste, head of Haiti's civil protection agency.

At least two fishermen died in rough water churned up by the storm, Jean-Baptiste said.

Their deaths brought the total for the storm to at least We have no choice but to prepare ourselves to take a frontal assault. Capt. David Culpepper

four. One man died Friday in Colombia and a 16-year-old in St. Vincent and the Grenadines on Sept. 28 when the system passed through the eastern Caribbean.

After passing Jamaica and Haiti, Matthew's centre was

STAMPEDE

expected to pass about 80 kilometres east of the U.S. Navy base at Guantanamo Bay, Cuba.

Navy Capt. David Culpepper, the base commander, said shelters had been set up and authorities were bracing for the storm.

"We have no choice but to prepare ourselves to take a frontal assault," Culpepper said.

Forecasters said the storm was expected to dump as much as 40 inches (100 centimetres) of rain on some isolated areas of Haiti, raising fears of deadly mudslides and floods in the heavily deforested country where many families live in flimsy houses with corrugated metal roofs.

Matthew is one of the most

powerful Atlantic hurricanes in recent history and briefly reached the top classification, Category 5, becoming the strongest hurricane in the region since Felix in 2007. The hurricane centre said the storm appeared to be on track to pass east of Florida through the Bahamas, but it was too soon to predict with certainty whether it would threaten any spot on the U.S. East Coast. THE ASSOCIATED PRESS

IN BRIEF

Syrian rebels lose 15 in battles with Daesh

Fighting in northern Syria between Turkey-backed Syrian rebels and Daesh militants killed at least 15 rebels as the opposition pressed toward a town of symbolic importance for the extremists, an activist group and Turkish officials said Monday. The Syrian government continued to strike besieged, rebel-held parts of Aleppo, hitting the area's largest hospital, according to activists. THE ASSOCIATED PRESS

Boy killed at school to have superhero funeral

The family of a six-yearold boy shot at a South Carolina elementary school says a superhero funeral is planned for Jacob Hall, a week after he was shot along with a classmate and a teacher as his first-grade class left for recess.

Family members say that pallbearers will dress as superheroes and people attending the services are encouraged to wear costumes. THE ASSOCIATED PRESS

Men wash the face of a woman after police used tear

Violence flared again Monday in Ethiopia's restive Oromia region, where dozens of people were killed a day earlier in a stampede when police tried to disrupt an anti-government protest amid a massive religious festival.

The state broadcaster late Monday raised the death toll to 55 from the earlier official count of 52. Its report cited a hospital official in the town where the stampede occurred, and it said three people remained hospitalized with serious injuries.

After the stampede, clashes between security forces and protesters erupted Sunday evening and continued Monday morning in the towns of Bishoftu and Ambo, an Ethiopian government official and witnesses said.

Unrest continues in Ethiopia as death toll rises

The annual Irrecha thanksgiving festival had drawn huge crowds, and the stampede occurred as people ran to escape police firing tear gas and rubber bullets and shooting live rounds into the air after anti-government protesters approached the stage where religious lead-

ers were speaking. People were crushed to death. A witness said some of those killed were still being recovered from ditches where they fell while trying to flee.

There also were reports of

"Some people tried to come out en masse this morning to protest the deaths of holidaygoers on Sunday and also demand the release of people arrested during the celebrations," Negash said. "Today's protesters were peaceful but dispersed by police violently. I'm not aware of any deaths this morning, but it was violent. But I'm aware of live bullets used this morning in other vicinities of this town." THE ASSOCIATED PRESS



gas on Sunday, AFP/GETTY IMAGES

Feds unveil measures to curb housing market risk

Changes close principal residence tax loophole

Ottawa has announced a number of measures aimed at curbing risk in the country's housing markets, including closing a tax loophole and tightening mortgage insurance rules to prevent borrowers from taking on too much debt.

Finance Minister Bill Morneau said Monday that the government will make changes related to the principal residence tax exemption.

The exemption allows homeowners to avoid paying capital gains tax on the sale of a home as long they were living in it. That exemption will now be available only to Canadian residents, Morneau said, and families will only be allowed to designate one home as their primary residence.

The federal government will also beef up rules surrounding stress tests for insured mortgages to make sure that borrowers don't take on more debt than they can handle if interest rates go up or their income drops.

"Low interest rates have gradually changed the way both lenders and borrowers view debt and indebtedness in this country," Morneau said during a news conference.

"As these attitudes and behaviours have changed, some households began carrying high debt loads and pockets of risk



Finance Minister Bill Morneau announces measures intended to stabilize the real estate sector amid concerns that pockets of risk have emerged in some housing markets, particularly those in Toronto and Vancouver. NATHAN DENETTE/THE CANADIAN PRESS.

have begun to emerge."

Starting Oct. 17, all insured mortgages will have to undergo a stress test to determine if the borrower will still be able to make his or her mortgage payments if interest rates rise.

Previously, these stress tests

weren't required for fixed-rate mortgages longer than five years.

Another policy change coming into effect on Nov. 30 will require mortgage loans that the banks insure with portfolio insurance to meet eligibility criteria that previously only applied to highly

leveraged insured mortgages.

The changes come as concerns mount that housing costs in Toronto and Vancouver have become increasingly unaffordable for many Canadians while foreign investors purchase homes and turn them around for a quick profit.

Many middle-class families looking to buy homes have found themselves priced out of the market, Morneau said, and in some cases that has led them to take on high levels of debt. THE CANADIAN PRESS

A quick look at changes

The federal government has introduced numerous measures in recent years in efforts to stabilize housing markets. Here's a quick look at some of them:

1 Oct. 3, 2016: As of Oct. 17, all insured mortgages will have to undergo stress tests to determine whether borrowers will still be able to make their mortgage payments if interest rates rise or they lose their jobs. A tax exemption for homeowners when they sell their primary residences is limited to Canadian residents.

Feb. 15, 2016: The minimum down payment for new governmentbacked insured mortgages increases from five per cent to 10 per cent for the portion of a house price over \$500,000.

3 July 9, 2012: The maximum amortization period for new governmentbacked insured mortgages drops to 25 years from 30 years.

April 18, 2011: Ottawa withdraws government insurance backing on lines of credit secured by homes, such as home equity lines of credit.

March 18, 2011: The maximum amortization period for governmentbacked insured mortgages is cut to 30 years from 35 years. THE CANADIAN PRESS

Facebook launching 'marketplace' section

Facebook says some 450 million people use its site mainly the "Groups" feature - to buy and sell stuff locally, anything from cars to baby clothes to furniture. Now, the company is launching a separate "marketplace" section that seeks to make it easier to do this. The last time Facebook tried its hand at such a marketplace was nine years ago, and it didn't really go anywhere.

Facebook Inc. said Monday the most popular items people currently buy and sell on the service include furniture, cars and clothes.

THE ASSOCIATED PRESS

Aritzia fashion business shares soar on TSX

Aritzia Inc. shares began trading for the first time Monday, well above the price set in the runup to the Canadian fashion retailer's initial public offering, Onevote subordinate Aritzia shares were about 13 per cent above the IPO price of \$16 after about 90 minutes of trading Monday. At Monday's close, the subordinate shares were up \$1.71, or 10.69 per cent, to \$17.71 on 8.5-million shares. The company won't get any of the money but its current shareholders are in line to receive at least \$380 million.

THE CANADIAN PRESS



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THEWS

Your essential daily news

Tuesday, October 4, 2016

EMMA TEITEL ON THE ULTIMATE CIVIC HOLIDAY

More than 20 per cent of Canadians who said they didn't vote in the 2011 election abstained because they were 'too busy.' That strikes me as a big number and a big problem.

When I was in high school, running for student council, it was pretty easy to "get out the vote" on election day.

All you had to do was plug in the school's popcorn machine beside the ballot boxes and wait for the smell of hot imitation butter to reel your constituency in to the polls. A word of advice to any politician trying to increase youth-voter turnout: the key to your success is not in lofty promises of progressive change. It's in free food. And equally important: easy access to that food.

Of course I am being facetious, but there is a kernel of truth (sorry) in the popcorn anecdote. People, no matter their political affiliation, are more likely to vote when voting is made easy.

This is why nearly 300 tech employers in the United States announced this month that they will allow their staff to take off a full day's work on November 8, as a paid company holiday, to vote in the U.S. election.

Some of the tech firms who have agreed to make this accommodation include Spotify, About.com, the Wikimedia Foundation and the political data firm, ShareProgress.

Why are they doing this? The founder of Share-Progress, Jim Pugh, told the Washington Post that the participating compan-

It may be hard
for some of
the nation's
more politically
informed people to
accept, but there
are a lot of good
citizens out there.

ies hope the new policy raises voter turnout in the United States. "The more we can have this be a norm within the corporate space, the more it's going to push good civic corporate behaviour," Pugh told the Post.

According to Statistics Canada data from 2011, the No. 1 reason Canadians didn't vote in the federal election that year was because they were "not interested" in doing so.

But guess what was listed



LINED UP OUT THE DOOR Voters wait at a polling station in Toronto on Election Day 2015. Is it fair to ask people to do this on a work day? THE CANADIAN PRESS FILE

I would take this idea one step further and argue that the more we implement this kind of policy everywhere — not merely in the United States or in the corporate world but here in Canada — voter turnout will increase dramatically.

It's true that the 2015
Canadian federal election saw the highest voter turnout in more than 20 years, but why shouldn't we aim even higher next time around? In fact, to hell with employers, why not turn the federal election into a national civic holiday?

Critics of this idea often argue that a national voting holiday wouldn't achieve much because apathy is the main reason people avoid the polls — not a lack of time. And they do have a point.

as the second most common reason for avoiding the polls?

No time.

According to the same study, 22 per cent of Canadians who said they didn't vote in the 2011 election abstained because they were "too busy." That strikes me as a big number and a big problem.

But it's not a big surprise. It may be hard for some of the nation's more politically informed and invested people to accept, but there are a lot of good citizens out there whose decision to avoid the polls has little to do with the strength of the candidates on the ballot and everything to do with strictly practical forces such as the weather and traffic.

If you are given a narrow window in which to cast your ballot during your work day, and you have a handful of tasks to complete before you pick your kids up from school in the afternoon, voting becomes a luxury. I am not making this up: I know several people whose decision to vote is based on nothing more than how busy they are the very day of the election. But they wouldn't dare admit this out loud, for fear they'd be labelled stupid, apathetic and irresponsible.

But they aren't stupid, apathetic and irresponsible. They're just busy. And being busy is not a crime.

Sure, the self-righteous argument that they should know better because they live in the glorious and free utopia of Canada and "how dare they take their voting rights for granted" may hold some truth. But does this disapproving, shaming position do anything at all to increase voter turnout? No. It just makes people feel bad.

So let's do something that makes people feel good. Let's turn Election Day into a national civic holiday.

Just think about it: If you get the day off to vote, you can make an occasion out of it. You can go for lunch. You can see a movie. You can pick up your dry cleaning. And most importantly, you can take an extra few minutes or even an hour to think long and hard about who it is you'd like to vote for

After all, what's the use of observing Canada Day, a national holiday marking the moment our democracy came into being, if we don't also grant our citizens ample time to participate in its continued existence?

Emma Teitel is a national columnist for the Toronto Star.

Demolition-by-neglect is a crime against history

Shannon VanRaes

I love dwellings.

It's a strange thing to say, I know, but something about the bungalows, the apartments, house-trailers, ranches and mid-century moderns where our lives are lived, where our neighbours' lives are lived, feeds my soul.

And I might as well be upfront with my biases: it's the mature type of structure I'm into. Give me plaster and lath over drywall any day, planks over plywood and a detached garage hidden from view.

These older homes aren't just houses, not just wall and roofs, they are living artifacts. They are fir beams, joists cut and notched by those that founded this city, silent witnesses to an era of logging that filled coffers and depleted the wilderness. They are the worn patina of socked feet and middle-class dreams. They are shelter and comfort, and together they make up our neighbourhoods and our communities.

And they are disappearing.
Across Winnipeg the pattern is the same. A developer buys a house, a duplex or even an apartment block, they stop cutting the grass, they don't fix the leaks, the doors and windows are left unsecured—then they cry out that the building is beyond repair, that it's too damaged to be fixed and must be demolished.

A yellow notice appears in front of the intended victim, then fencing, Finally, after more neglect, the execution.

Even the city hall gets in on demolition by neglect.

Several years ago it purchased 61 and 65 Fulham Ave. to prepare for the eventual widening of Kenaston Blvd.
Local residents were promised that the homes would be maintained and rented out, but the city left them empty until they fell into disrepair. They were used by the Winnipeg Police Service's tactical unit for training exercises and then demolished this summer.

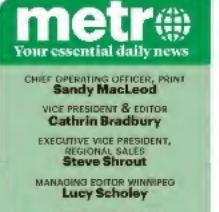
To quote Oscar Wilde's character Lord Darlington, we are a city that "knows the price of everything and the value of nothing."

Now it's a Grande Dame of a house at 514 Wellington Cr. could face the wrecking ball. The 8,100-square-foot classical revival mansion, built in 1909, has been home to prominent Winnipeggers for a century. Today it's just another impediment to condo development.

Perhaps what's most confounding about our city's penchant for the wrecking ball is the total lack of imagination on which it's based. Development and destruction do not have to go hand in hand.

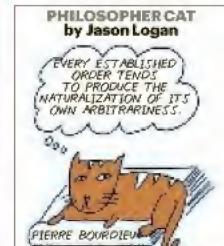
If we want to increase density, why not focus development on the scourge of surface parking lots? The existing empty lots? The nowdisused industrial sections of our city? Perhaps laneway housing? We could consider incorporating existing structures into expansions or convert existing homes into multi-family units. Or relocate houses? Developers could "sellto-move" or salvage homes, instead of tearing them down and trucking them to the landfill.

Winnipeg's future must include development, but it doesn't have to come at the expense of the past. The fact of the matter is that they don't build them like the used to and once they are gone, there is no going back.



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Your essential daily news

All eight Harry Potter films returning to theatres later this month

Dumpsgiving an age-old tradition

RELATIONSHIPS

Breaking up over holidays can be tough for students

Sofi Papamarko Torstar News Service

The first week of September, I overheard a conversation between some international students on U of T campus. They had all just met that day and were sharing basic information about themselves, sweetly and tentatively building new friendships.

My boyfriend still lives in Korea," offered one of the freshfaced freshmen. "We know it will be difficult, but we're going to stay together."

Oh, honey.

Maintaining a long-distance relationship over four years isn't impossible. But it is highly implausible, especially when you're a teenager and are still figuring out who you are.

In my university experience, the students who arrived romantically attached to someone from their hometown were single again after Thanksgiving long weekend.

Known widely as "the Turkey



Adrienne Friesen has done the "turkey drop," going home and breaking up over Thanksgiving holiday. CHRIS SO/TORSTAR NEWS SERVICE

Drop" or "Dumpsgiving," it's the phenomenon of first-year university and college students, immersed in their new academic and social lives, ending things with their high school

Pursuing new social activities

more than just someone's

Drocess. Dr. Jesmen Mendoza

(reminds students) that they are

ex-partner and they may even find

a new romantic opportunity in the

the entire school year. Digital media specialist Adrienne Friesen, 25, is an admitted turkey dumper. When she moved to Toronto for school, she and her high school boyfriend tried to make it work. Unfortunately, the relationship

sweethearts the very next

time they see them — usually

Thanksgiving weekend. When

the end of a relationship is

dealt with in unhealthy ways, it

can impede student success for

a semester — or even threaten

lasted about as long as a slice of pumpkin pie set in front of Uncle Bill.

"I immediately fell in love with Toronto and realized that I would be staying here longterm, even beyond university," says Friesen.

And by the time U.S. Thanksgiving rolled around, Friesen says it was no longer appealing to schedule Skype calls or phone calls with her boyfriend since her time was filled with her commerce program and being on the varsity swim team.

"I was meeting tons of new people and it was much more fun to hang out with people in real life than over a screen," Friesen says.

While Friesen says her breakup was a healthy and necessary one, that's not always the case, and many students may find themselves having difficulties healing and moving on.

Dr. Jesmen Mendoza, a psychologist at Ryerson University's Centre for Student Develop-

ment and Counselling, encourages students dealing with a painful breakup over Thanksgiving or at any other time of the year to get in touch with their school's counselling services and take up fulfilling activities.

"Pursuing new social activities (reminds students) that they are more than just someone's ex-partner and they may even find a new romantic opportunity in the process," Dr. Mendoza says. "Those reluctant to pursue counselling may think that they may be judged or shamed, but professional counsellors are invested in helping students becoming hopeful about their future and hopeful about having a successful intimate relationship."

Experts say that consistent exercise, a balanced diet and getting enough sleep can also help ease the physical and emotional symptoms of a breakup. But keeping busy is definitely

"Focus on what makes you you, which for me included refocusing on my studies, taking up a new class, getting a part-time job and getting back in touch with friends," says Friesen.

"It's important to get out and about. Even if it's just going to a café to work or study instead of staying home, it helps to be around people. Having a good friend-support system is also helpful."

And don't forget the silver lining to dumping or being dumped on Thanksgiving weekend: there has never been a more appropriate time to eat your feelings.

Founder bids a fond farewell to Flare

Flare's visionary founder says she's sad to see the fashion publication disappear from newsstands, calling it a rare vehicle for Canadian women to see themselves reflected in a style magazine.

Donna Scott launched the glossy periodical in 1979 as Canada's answer to a proliferation of slick imports such as Glamour, Vogue and Harper's Bazaar.

At the time, professional Canadian women had nowhere to turn for a local perspective on style, design and culture, she says, noting that the women's

magazine Chatelaine was more focused on homemaking and

"I'm just shocked," Scott said Friday from her home in Niagara-on-the Lake, Ont., upon hearing the news the publication was going digital only. "It was the first ever fashion magazine for the age group we were appealing to."

Rogers Media announced Friday it was ceasing print publica-tion of Flare as well as Sportsnet, MoneySense, and Canadian Business magazines. Beginning January 2017, they will only be available on the web and on apps, with new content posted daily.

Scott recalls being struck by inspiration while criss-crossing the country in 1975 as an in-demand speaker for International Women's Year, a United Nations designation that evolved into International Women's Day on March 8.

"I realized that women in Canada didn't have a fashion magazine and what we were doing was reading Vogue and Harper's and Glamour and Mademoiselle," said Scott, who left Flare in 1990 when Rogers took

over Maclean-Hunter. "And they were all great but they didn't have our stores or our prices or our colleges or any of the information that would be for Canadian women."

Scott, now in her 80s, decided to start a magazine that would feature Canadian retailers and designers.

"We were looking at the intelligent young woman who had great hopes when she finished her education to get a career or a job and do well in life," said Scott. "Like men did at that time." THE CANADIAN PRESS



THE CANADIAN PRESS/AARON LYNETT

JOHANNA SCHNELLER
WHAT I'M WATCHING

McKinnon's Clinton is the one to watch

THE SHOW: Saturday Night Live, Oct. 1, 2016 THE MOMENT: The Clinton-Trump debate

Hillary Clinton (Kate McKinnon) squares off against Donald Trump (Alec Baldwin) on the debate stage.

"He spent his life cheating labourers," Clinton says. "Labourers like my own human father, who made drapes or sold drapes, something with drapes, and he was relatable and I am also relatable."

Later, in her closing statement, she says, "Listen, America, I get it: you hate me. You hate my voice and you hate my face. Well, here's a tip: if you never want to see my face again, elect me president, and I will lock myself in the Oval Office and not come out for four years. But if you don't elect me, I will continue to run for president until the day I die."

Rejoicing abounded when SNL announced that Baldwin will play Trump until the election and

rightly so: the actor perfectly captures the candidate's jutting lips, bullying cadences and the way he plays to his countrymen's worst instincts. (When I interviewed him this past spring, he called Trump "America's bile duct.")

As great as Baldwin is, though, I don't need a Trump parody. Trump takes care of that himself. McKinnon's performance is more relevant.

By pointing out both Clinton's awkwardness ("my human father"), and the inherent sexism she faces from men and women ("you hate my face"), McKinnon gives us valuable insight into why America can't warm to Clinton. Her impression goes beyond mockery to get to uncomfortable truths.

In this election (and its SNL funhouse mirror), he's getting all the ink. But the story is her.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Alec Baldwin, left, as Donald Trump, and Kate McKinnon, as Hillary Clinton perform during the "Debate Cold Open" sketch on Saturday Night Live. WILL HEATH/NBC VIA AP

Kim Kardashian shaken but unharmed in robbery

INVESTIGATION

Five assailants stole \$10M in jewellery at gunpoint

Armed robbers forced their way into a private Paris residence where Kim Kardashian West was staying, tied her up and locked her in a bathroom before making off with more than \$10 million worth of jewelry, police officials said Monday.

A spokeswoman for Kardashian West said the reality TV star, who was in Paris attending fashion week shows, was badly shaken but physically unharmed.

She left Paris Monday morning a few hours after the incident, and flew to Teteboro Airport in New Jersey. From there she travelled in a motorcade to her apartment building in downtown Manhattan, where there was a heavy security presence.

Friends of Kardashian West consoled the reality TV star in New York City following her ordeal.

LaLa Anthony, wife of basketball player Carmelo Anthony arrived Monday afternoon, as did family friends Jonathan Cheban and Simon Huck, who are often featured on Keeping Up With the Kardashians.

Kris Jenner indicated her daughter was doing OK, giving a "thumbs up" signal when a reporter asked how Kardashian West was faring. Video cameras lined barricades outside the building, capturing security guards milling about.

Paris police are hunting for five suspected assailants after the incident, which has raised new concerns about security in



Armed robbers forced their way into a private Paris residence where Kim Kardashian West was staying, and stole more than \$10 million worth of jewelry, police officials said.

AP PHOTO/LIONEL CIRONNEAU, FILE

the French capital after a string of deadly extremist attacks.

The thieves entered the 19th-century luxury residence in Paris' chic eighth district after the concierge let them in around 2:30 a.m. local time, according to two police officials. Handcuffed and at gunpoint, the concierge led them to the starlet's flat.

The robbers tied up Kardashian West and locked her in the bathroom before escaping on bikes, the officials said. They were not authorized to be publicly named speaking about ongoing investigations.

The officials said the five stole a jewelry box containing valuables worth 6 million euros (\$6.7 million) as well as

a ring worth 4 million euros (\$4.5 million). In a message to The Associated Press, the Paris prosecutor's office said that only two of the five suspects forced their way into the apartment.

Kardashian's stylist was also in the residence at the time, and alerted police, but Kardashian's bodyguard was not present according to the prosecutor's office.

It's unclear whether the couple's two children, 3-yearold daughter North and 10-month-old son Saint, were with Kardashian West when the robbery happened, or if they were with her at all on her trip to France.

Police said the actress' family was placed under police protection at the George V hotel after the incident. Her sister Kendall Jenner appeared with Kardashian at Paris fashion shows in recent days and often appears on the catwalk herself.

Kardashian's husband, Kanye West, abruptly ended his performance at the Meadows Music and Arts Festival in New York on Sunday night.

"I'm sorry, family emergency, I have to stop the show," West told the audience.

Kardashian West has the habit of showing her jewels and whereabouts in her social media, including in recent days when she posted pictures of her attending fashion week shows. A few days ago, she also flashed a big ring on Twitter and Instagram

Kardashian West was ambushed last week by a serial celebrity assaulter who attempted to grab her as she was entering a restaurant. She was also attacked outside of a Paris fashion week show in 2014. She wasn't hurt in either incident. THE ASSOCIATED PRESS

GOSSIP BRIEFS LOHAN LOSES PART OF FINGER; TRAILER PARK BOYS AN ACQUIRED TASTE

Lohan says she lost part of her finger in boat accident Lindsay Lohan says she had surgery to reattach part of her finger following a boating accident.

The actress posted a video of her hand with a bandaged ring finger Sunday on Snapchat. She says on the video, "This is the result of me trying to anchor the boat by myself," adding, "My poor finger!"

Lohan explained in a caption on the video that she lost half her finger during the accident. She says the detached piece was found



PHOTOS FROM LINDSAY LOHAN/SNAPCHAT/INSTAGRAM

and she had surgery "to fix

The 30-year-old later poked fun at herself on

Instagram by posting a picture with the caption, "One handed selfie." THE ASSOCIATED PRESS

Ol' Dirty Canadian Whisky recipes possibly 'dangerous' The Ontario government will

be looking into advertising of a Trailer Park Boys-inspired whisky set to go on sale in the province this month.

Liquormen's Of Dirty Canadian Whisky is set to be sold at Liquor Control Board of Ontario outlets and is to be launched Thursday at a Toronto event.

Drink recipes on the website for the whisky - from Nova Scotia-based Dartmouth Spirits Inc. - include a couple recommending mixing drinking with mari-



Liquormen's Ol' Dirty Canadian Whisky will be available in the LCBO on Thursday, the canadian press/nathan denette/file

juana and hashish use. One drink — dubbed the Zesty Mordant — suggests rolling up "a six paper joint," grabbing a bag of chips, and

a glass of Liquormen's.

Premier Kathleen Wynne says that sounds "dangerous in a lot of ways," telling a news conference that the government "will look into it." THE CANADIAN PRESS

metr@LIFE | Health Tuesday, October 4, 2016 13

Lung cancer: Not just a smoker's disease

DIAGNOSIS

Advocate wants to nix stigma, urges others to get screened

In her late 30s, Jessica Steinberg led a healthy life. A busy mother of two, she taught fitness classes, from step aerobics to boot camp, and was training for a marathon.

But when a rib injury sent her into the hospital for a chest X-ray in 2011, Steinberg learned she had lung cancer. At first, her doctors thought it was a localized tumour, but they later discovered the cancer was invasive and aggressive — and had spread throughout her body, into her lymph nodes, her bones and her brain.

It was a shocking diagnosis for a woman with no risk factors. "I was never a smoker. No radon in my home. No exposure to chemicals. No family history. It was really out of nowhere," Steinberg, now 44, says.

Steinberg, a Canadian-American citizen now living in Oregon, is among those raising awareness of the smoking-related stigma surrounding lung cancer — and

how the disease can hit anyone, even people who've never lit a cigarette in their life. "It's not just a smoker's disease. There's a changing face of lung cancer," she says, during a recent interview in Toronto.

The disease kills more than 20,000 Canadians every year more than breast, prostate and colon cancer combined — and accounts for 25 per cent of the country's cancer deaths, according to Lung Cancer Canada. Both men and women are at risk, with an estimated 13.600 new male cases and 13,000 new female cases of the disease for 2015, the Canadian Cancer Society notes.

And they're not all smokers. More than 85 per cent of lung cancer cases in Canada are related to smoking tobacco, according to CCS data, but that leaves 15 per cent of cases that aren't.

"The majority of patients I see (with a lung cancer diagnosis) have either stopped smoking. or never smoked," says medical oncologist Dr. Parneet Cheema, a specialist in thoracic cancers at Sunnybrook Odette Cancer Centre.

Even so, smoking-related stigma is something Cheema and Steinberg both see regularly.

"Do you ever ask a prostate



Jessica Steinberg learned she had lung cancer when a rib injury sent her into the hospital for an X-ray in 2011. It was a shocking diagnosis for a woman with no risk factors. TORSTAR NEWS SERVICE

cancer patient — 'Did you get enough fibre?" questions Stein-

"People don't do that. They don't link other cancers to behaviours."

Smokers and non-smokers alike need to keep an eye on concerning symptoms, Cheema notes, particularly given lung cancer's aggressive nature and typically poor prognosis. Those symptoms could include a lingering cough, coughing up blood, chest pain, hoarseness, fatigue and shortness of breath.

For Steinberg, it's been more than five years since her cancer diagnosis. She's gone through surgery, chemotherapy, chest and

brain radiation and eventually learned she has a specific gene mutation driving her cancer.

Steinberg calls the finding a "game-changer," and she's now participating in an oral chemotherapy clinical trial that's helping her lead a full life despite her Stage 4 advanced metastatic cancer. Her goal is to live long BY THE NUMBERS

20,000

The number of Canadians killed by lung cancer every year.

17%

The five-year survival rate for lung cancer.

25%

Lung cancer accounts for 25 per cent of all cancer deaths in Canada. SOURCE LUNG CANCER SOCIETY

enough to see her boys, aged 14 and 11, have her grandkids.

She's also trying to make the most of her diagnosis by opening people's eyes to the realities of the disease.

"Anyone can get lung cancer," she says. "If you have lungs, you can get lung cancer."



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JETS' TRAINING CAMP QUESTIONS

The youth movement continues for the Winnipeg Jets. In annual search of the Stanley Cup playoffs, the big-name pillars remain, but following an off-season upheaval and, here's how the Jets roster is shaping up with pre-season underway:



Abusy crease

Ondrej Pavelec, the 29-yearold incumbent, has been the workhorse since Day 1 when the franchise moved to Winnipeg 2011 — but he could be on the hot seat. Emerging star Connor Hellebuyck, pictured, may be ready for prime time, opening eyes with strong play and a .918 save-percentage in 26 games with the Jets last season. Michael Hutchinson remains in the mix, inking a new two-year contract this past spring.



Trouba and the D

When 22-year-old restricted free agent defenceman Jacob Trouba demanded a trade in late September, some big questions arose. While Trouba has until December 1 to agree to a contract before being forced to miss the entire season, the Jets plan to begin their season without him. Is 21-year-old Josh Morrissey ready to fill top-four pairing minutes despite just one game of NHL experience? He may be.





1 Is Kyle Connor ready?

GETTY IMAGES

Lurking in the rookie shadow of Laine is another first-rounder — Kyle Connor. Winnipeg's top pick in 2015, Connor has been logging plenty of preseason ice time alongside centreman Mathieu Perreault. The Jets are giving a long look to the left winger with scoring potential to see if he's ready to be a contributor.



Marcus Stroman has had an up-and-down year with a 9-10 record and 4.37 ERA. RICHARD LAUTENS/TORSTAR NEWS SERVICE

MLB - WILDCARD GAME

Stroman tasked with tackling O's big bats

The Toronto Blue Jays and Baltimore Orioles are about as similar as two clubs can be entering the American League wild-card game.

Both teams had 89-73 records in the East Division standings.

Both teams clinched playoff spots on the final weekend of the season. And both teams own power-heavy lineups that can feast at a homerhappy stadium like Rogers Centre.

The Blue Jays had a 10-9 edge in the season series but Baltimore took two of three games last week in Toronto.

So who will blink first on

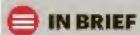
Tuesday night?
The Toronto pitching staff

led the American League in earned-run average while the Orioles led the major leagues in home runs.

Chris Tillman will get the starting assignment for Baltimore while fellow righthander Marcus Stroman will be on the hill for Toronto.

"Some guys rise to the occasion. I've seen Stro do that many, many times," Blue Jays manager John Gibbons said Monday. "I think he's the perfect guy."

The winner of the onegame showdown will advance to the American League Division Series. The Texas Rangers will host Game 1 of that series on Thursday. THE CANADIAN PRESS



Panthers coach uncertain if Newton will play Monday

Panthers coach Ron Rivera says Cam Newton's status for next Monday night's game against the Tampa Bay Buccaneers is uncertain.

Rivera says the reigning league MVP met with doctors Monday, but offered no update on the quarterback's progress after he was knocked out of Sunday's 48-33 loss to the Atlanta Falcons with a concussion. Rivera last spoke to Newton after the game at the Georgia Dome and said Newton told him, "I'm fine."

McGwire back on ballot

Mark McGwire is getting another swing at the Hall of Fame.

The former slugger who admitted using steroids joins Bud Selig, George Steinbrenner and seven others on the Today's Game Era ballot to be considered for election to Cooperstown in December.

The announcement was made Monday by the Baseball Half of Fame. The ballot is part of changes to the election process announced by the Half's board of directors in July.

THE ASSOCIATED PRESS.

RECIPE Spicy Beef Tacos with **Sweet Potato**



Ceri Marsh & Laura Keogh For Metro Canada

Ready in 40 minutes

Prep time: 10 minutes Cook time: 30 minutes Serves 6

Ingredients

- 1 large sweet potato, diced into bite-size pieces.
- · 1 Thsp (15 ml) olive oit
- 11/2 tsp (7.5 ml) salt, divided 1/2 red onion, thinly sliced and
- rinsed in very warm water
- 1/4 tap (1 ml) augar.
- pinch of salt.
- 1/3 cup rice vinegar 2 lb. (900 g) organic lean ground.
- 2 Tbsp (30 ml) chili powder.
- 2 tsp (10 ml) ground cumin.
- 1 tsp (5 ml) cinnamon.
- 1 tsp (5 ml) dried oregano
- 1tsp (5 ml) pepper 2 tsp (10 ml) salt.
- · 4 cloves garlic, minoed
- 1/2 cup (125 ml) shaved Monterey jack cheese

ACROSS 1. Reveal the secret Rebuff Jazz legend Ms. Vaughan 14. Moon, in Mont-15. Towering 16. Doubly 17, Starter in Italian cuisine Red _ (Tree in British Columbia) 20. American _ _ (loe Age animal which lived in the Yukon) 22. "Forrest Gump" (1994) star ...his initials-sharers Curtain* (1966) 24. Beaver-like rodent called a 'river rat'

and bake another 5 minutes, or until Severinsen fork tender. Remove from oven and Martha sugar and salt in vinegar, add

41. Hopped off

42. Jazztlegend

43. "Opportunity" is

a 1967 hit by what

Canadian band?

45. Carpet store

47. Bowsprit, for one

the horse

Mr. Davis

purchase

46. Self-_

3. In large skillet, cook beef over medium heat, breaking up with spoon, until browned, 10 minutes. 4. Meanwhile, in a small bowl, blend

Handful chopped fresh cilantro

Preheat oven to 400. Toss sweet

(2ml) salt. Spread on a lined baking

sheet and bake 5 to 7 minutes. Toss

potato with olive oil and 1/2 tap

place in a bowl; set aside.

2. In a small bowl, dissolve

the onions; set aside.

8 com tortillas

Directions

jár of prepared salsa.

spices and garlic. Stir into meat; cook another 2 minutes. Remove from heat and transfer half to a serving dish. Put other half in an airtight container and store in the refrigerator to use for another dinner. Place beef, sweet potato, slices of red onion, cheese, fresh cilantro, salsa and tortillas out on the table for taco assembly.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

14 15 18. 4 15 18 20 24 28 30 32 38 39 38 23. Ms. Kedrova of "Torn 40 41 42 43 44 45 29. Johnny Carson bandleader Mr. 50 30. Lifestyles guru 53 31. Couch potato's prize 54. possession: 2 wds. 34. Prefix to 'copter' 36. Face shape 37. Elevation on land 38. Sort of shrub 60 39. Greek alphabet's second letter 40. Old Testament twin

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

49. British singer Mr. Smith 52. The regular folk: 3 wds. 55, 1942 Disney

classic 59, Sold, Sotheby's-style 60. Scent 61. Entreaty

62. Beast 63. Glower 64. Antiquities

65. Info

DOWN 1. Booming noise

fection) Noon hour meal 3. 'Nay' sides in 8. Allied group

debates

Spinners

4. "Could It ___ Falling in Love" by The

5. Radio interference 6. Of the nose 7. Ne plus _ (Per9. Sculptor's creation 10. Pointy tool 11. Empty 12. Champion 13. "And I Love __" (Lennon-McCartney) 18. Test episode in television

25. _-_ Matthews, Emilio Estevez's character in "The Outsiders" (1983) 26. Disentangle 27. All worked up 28. Maps book 29. Hoodwink 30. Window blinds segment 31. Subject matter 32. Travel endorsements 33. Angle 34. Hoop's fun friend 35. Record label 38. Ms. Hayek the actress 42. Tuesday, in Tadoussac 44. Antenna 45. The aguatic Rays 47. Brain's 'bonnet' 48. Walked anxiously 49. ___long (Campfire furt) 50. Aware 51. Mythical wife scomed by Jason 53, Scruft 54. Recipes requirement 55, "Run to You" Canadian rocker ...his initials-sharers

56, Curve

57. Farm sound

58. Snazzy car

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 This is an excellent day to have a practical discussion with a partner or close friend. People are in a practical frame of mind and are concerned about how to do something.

Taurus April 21 - May 21 You will be productive at work today because it's easy to concentrate. Furthermore, you want practical results from your hard work

Gemini May 22 - June 21 Discussions about the practicalities of a social event, a vacation or making plans for parties and fundiversions will yield results today. It's a good day to teach children.

Cancer June 22 - July 23 You might talk to a parent or an authority figure in your family today about doing something. that needs to be done at home. Listen to the advice of others.

Leo July 24 - Aug. 23 You have an orderly state of mind today, which makes it easy to make long-range plans for the future. You will give careful consideration to everything you do.

Virgo Aug. 24 - Sept. 23 You will be careful about your finances today and how you handle money. If shopping, you will want to buy only longlasting, practical items.

Libra Sept. 24 - Oct. 23 Today the Sun is in your sign. dancing with stern Saturn. This favors hard work and doing anything that will help you to be better organized. Dig right in!

Scorpio Oct. 24 - Nov. 22 Research of any kind will go well today because you won't overlook details. You are willing to accept your duty and defer today's pleasure for tomorrow's results.

Sagittarius Nov. 23 - Dec. 21 An older friend or someone in a group might have wise advice for you today. Listen to what is offered, because it could benefit you.

Capricorn Dec. 22 - Jan. 20 You will impress bosses, parents and VIPs because you are conscientious. hardworking and results-oriented.

Aquarius Jan. 21 - Feb. 19 You might meet a guru-like figure today or a teacher or professor who has wise advice for you. Possibly, you will play the role of adviser for someone else.

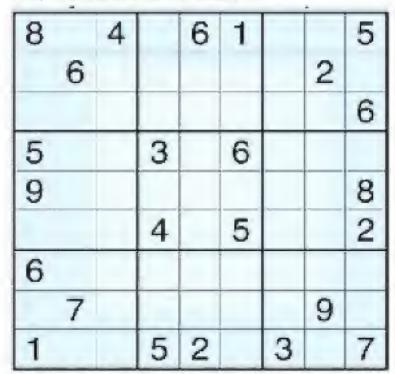
H Pisces

Feb. 20 - March 20 Discussions about shared property, inheritances and financial matters will be productive. You are not in a trivolous frame of mind. In fact, it's quite the opposite — you want to wrap up practical matters.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

21. Shenanigan



metr

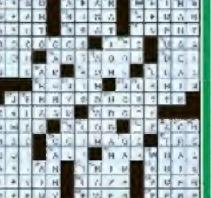
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YESTERDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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